

Seizure Action Plan

	Student:		DOB:
	School:	Grade:	School Year:
	Emergency Contacts:		

Seizure History:	
Possible Seizure Triggers:	
Typical Seizure Presentation:	
Typical Seizure Length:	
Current Medications:	
Last Known Seizure:	
Emergency Medication prescribed:	

If you see this:	Do this:
<ul style="list-style-type: none"> Student having absence seizure activity 	<ul style="list-style-type: none"> Keep student who looks confused in a safe place. Take dangerous objects out of their hands. Remove the student from sports, water, or other potentially dangerous activities during the confused period. Help student reorient to surroundings as needed
<ul style="list-style-type: none"> Student having tonic-clonic seizure activity 	<ul style="list-style-type: none"> START TIMING Keep student safe (assist to floor if needed, cushion head) Stay calm and speak to student in a reassuring voice Remove other students from the area as possible DO NOT put anything in the student's mouth Stay with student until seizure activity stops and student returns to their baseline neuro status Record info in the seizure log Call home to update parent
<ul style="list-style-type: none"> Seizure activity that is different from "usual" activity Student's breathing is affected Student does not regain consciousness after seizing stops Student has injured themselves during seizure Student is having difficulty breathing 	<ul style="list-style-type: none"> Notify the office and call 911 Stay with student and monitor Start CPR as needed

Post-Seizure Activity Follow-Up	
<p>Following a seizure-like episode, make sure to:</p>	
<ul style="list-style-type: none"> Allow time and place for student to recover Notify parent immediately Record episode in Aeries medical log 	<ul style="list-style-type: none"> Provide comfort Fill out an incident report Notify district nurse

Date: